



***Lakota West
Marching Firebirds***

2015 Handbook

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TOP 10

Things you need to do to get ready for Band Camp

- 10** Make sure your student and parent contact information is updated in Charms, our online band management system. Login instructions & more information is on pg. 11. The information in Charms is used for all band records and communication. Click on the Charms logo on <http://lakotawestbands.org/>
- 9** Complete the Lakota School District **Emergency Authorization Form** (5341F1)
Found at: www.lakotaonline.org - Click on: Forms & Documents\Clinic\Forms

Sign & Submit during Pre-Camp. (more info pg 22)
- 8** Complete the Lakota School District **Health History Form** (5335F1)
Found at: www.lakotaonline.org - Click on: Forms & Documents\Clinic\Forms

Sign & Submit during Pre-Camp. (school policy pg 22)
- 7** Complete the *Substance Abuse, Student Pledge, and Marching Firebirds Contract* (pg 25-26) and submit during Pre-Camp. **Must be signed by student AND parent/guardian.**
- 6** Parents who wish to volunteer during marching season please complete the online *Upbeat Club Volunteer Interest Form*. <http://lakotawestbands.org/upbeat-club/volunteer-interest-form/>
- 5** Subscribe to Lakota West Band News via RSS Feed, email or Twitter to receive weekly director announcements and other critical updates. <http://lakotawestbands.org> beneath 'Latest Photos'
- 4** Make sure you know your assigned uniform fitting date/time and how to purchase gloves, shoes and berets (pages 13-14). **Uniform Fitting days are at Lakota West High School in the evenings of pre-camp Tues, Wed, & Thur.**
- 3** Review the Pre-Camp, Band Camp, and Post-Camp schedules on pages 15-17, for dates & times. Be sure you have transportation to and from rehearsals and activities **Busses will transport all students to and from the Wednesday movie.**
- 2** Review the items to bring to camp on page 18 of this handbook.
- 1** Locate your 64oz. (half gallon) water jug or purchase one (~\$5 at Wal-Mart), write your name on it and bring it to camp. Proper hydration cannot be over emphasized. **Every student must bring a large capacity water jug to each rehearsal!!!!**

CHECK FOR LATEST INFORMATION

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2015 – 2016 Marching Firebirds Handbook

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Introduction

You are a member of the Lakota West High School Marching Firebirds. We have had an outstanding tradition of excellence for 18 years. We plan to be even more successful in our 19th season and will be working toward this goal all season.

It takes a strong commitment from all members to maintain this status. A big responsibility rests upon your shoulders; it takes the hard work and dedication of every single member to continue this standard of excellence. Prepare yourself, both mentally and physically, for hours of hard work and good clean fun. The memories of the years that you are a member of the Lakota West Band will last you a lifetime.

This handbook explains the policies and programs of the Lakota West Marching Firebirds. You will benefit from understanding the entire organization and your role in it. The Band family consists of more than 200 students with diverse personalities and talents. The large number of students involved sometimes makes communication difficult. This handbook provides important information to help you understand how the band functions. Please read this with your parents. If you have questions, ask your Section Leader, Field Commanders, Directors, or parent volunteers. Both student and parent signatures are required on the contract at the back of this handbook.

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Band Guidelines

1. Proper and good sportsmanship is expected at all times.
2. A good rule to remember: To be early is to be on time; to be on time is to be late; to be late is to miss the bus.
3. Listen to your Field Commanders and Section Leaders. Remember, we are only as strong as our weakest link.
4. Attendance is vital to our success. Attendance is required at all practices and performances – **no exceptions**. The complete attendance policy is explained further in this handbook.
5. Memorization of your drill, music or routine is important to our success.
 - Instrumentalists: You must memorize and pass your music off to the Section Leaders. Dates for this will be announced.
 - Color Guard: Know your choreography and all flags and weapons work.
6. Adhere to all the school rules as stated in the LWHS handbook for all band activities.
7. Public displays of affection will not be tolerated at any time, but especially in uniform.
8. Cell phones must not be carried on your person while you are in uniform (i.e., lock them in your instrument locker, car, etc.). Band directors will confiscate phones from violators.
9. Keep your instruments and equipment in good condition:
 - Instrumentalists: Have your instrument in proper working order. Never be without reeds, oil, grease, etc.
 - Color Guard: Take proper care of flags, rifles, etc.
10. Take care of school-owned instruments and equipment. Damage due to horseplay, lack of proper care, or neglect will be your responsibility. Normal repairs will be handled through the school.
11. Be prepared at all times. Always take your charts, music or supplies out to every rehearsal. There will be random checks to make sure you are prepared.
12. Report no earlier than 45 minutes to your assigned time for any rehearsal or performance. When you arrive, be sure to stay in the band room area only.
13. Respect the band room; no food or drink in the band room.

Student Leadership

The success of the marching band is dependent on Student Leadership. The bigger the band, the more people are needed to take the lead and make sure things are the best they can be. The following is a list of positions within the band and their roles.

Field Commanders

Students selected to be Field Commanders become role models for all other members to follow. Field Commanders set high personal standards and are to be respected by their peers.

Section Leaders/Leadership Team

The directors have chosen Section Leaders and other Leadership Team members based on their excellent musicianship, leadership, and communication skills. They are an important part of the band's success and work to make their section fit the framework of the entire band.

Seniors

Seniors assume responsibility as part of the leadership team on the field during practice. They make it possible for everyone to learn the drill more effectively.

Musicians

Instrumentalists choose to dedicate their time and energy to music. Band members work to make the entire unit a success and help others make their best contributions. They work to maintain a tradition of pride, effort, enthusiasm and excellence.

Color Guard

The Color Guard uses flags, rifles, and sabers to complete a visually impactful show. The Color Guard's choreography is the "icing" of the show. Members of the Color Guard must audition for positions.

Unlike the band, the Color Guard must purchase their own uniform, including shoes. Prices for the uniform will vary. Members are also responsible for their own performance makeup and hairstyle. The Color Guard Director will determine makeup colors and hairstyle.

Attendance

Good attendance is vital to the entire band success. Every single person is important, and the entire band suffers when even one person is not there. In situations where an alternate needs to be chosen, attendance is the first criteria evaluated.

Tardiness

We understand that you will be involved in clubs, plays, and other school commitments. You must understand that these activities are **not excused**. However, if you get a Marching Band Pass signed, your tardy with a pass will be considered over someone

without a pass. In the beginning of the season, your Section Leader will take down the list of clubs you are planning to join. Anytime you have a meeting, you must get a pass from your Section Leader and have the advisor of the club sign it. The same procedure will follow when you are making up a test after school, although these should be made up on Mondays and Fridays if possible. If you leave early from a practice, it will be counted as a tardy. You need a note signed by your parents to leave a practice early.

Absences

The following is a list of excused and unexcused absences for the entire season. If you are absent you must have a note signed by a parent by THE NEXT PRACTICE.

- Unexcused:
 - Doctor's appointment
 - Work
 - Attended school, but not Marching Band practice
 - Driving school
 - Social events of any kind
- Excused (with a note):
 - Sick from school (excused absence from school)
 - Car Teens (state mandated)

** ALL tardies and absences are subject to individual consideration by the Director, Field Commanders, and Section Leaders.

Discipline

In order to maintain discipline in the Lakota West Marching Band, you must exhibit the following qualities at all times:

- Common sense
- Self-respect
- Respect for others
- Respect for authority

If someone becomes a discipline problem, he or she will be removed. Alternates are chosen on discipline as well. Individual problems will be dealt with at the discretion of the Directors and Section Leaders.

Alternates

Since the number of members that perform the competition show is predetermined, a few members will be alternates, i.e., students who do not march in the show. Being an alternate is not necessarily a punishment because the drill is written for a certain number. In some sections, alternates must be chosen. Certain factors are considered when deciding who is not to march in a performance:

- Attendance
- Memorization of music
- Adherence to rules
- Attitude
- Knowledge of drill

Wearing the Uniform

You must be in full uniform for band performances unless otherwise instructed. This will allow you to feel proud and to make a good impression when you are out in the public eye. Moreover, the band is judged and scored on appearance in all competitions. Each marcher must wear the uniform correctly. Inspection will take place before every performance. Section Leaders will inspect their sections and Field Commanders will inspect Section Leaders.

1. Clean gloves, polished shoes, a shiny instrument and well-maintained equipment are all very important.
2. Your shako must be worn on the top of your head, slightly forward, so the bill is just above the eyebrows and there's a two finger space between it and the nose and the strap is firmly fastened under the chin. Percussion wears the strap on the chin but not in the mouth. Sousa players wear berets.
3. All hair must be securely inside the hat or short enough that it does not touch the collar of the jacket. Elastic bands, clips, hairnets, or skullcaps are suggested. This is YOUR responsibility. The Uniform Committee has emergency hair supplies only. If you aren't sure about your hair, ask BEFORE the first performance. No facial hair, make-up, or jewelry is permitted. All earrings and other piercings must be removed or covered. Flesh-toned gauges are permitted; all others must be covered.
4. You must wear a black t-shirt with sleeves under your jacket (no sleeveless tanks). A design is permissible if it is not visible under the uniform with arms raised. UnderArmor is also permitted for colder performances.
5. Shorts or boxers must be worn under the uniforms – there are no dressing rooms – everyone changes together. Black tights, leggings, or thermals are permitted for colder performances.
6. Pants are worn above the waist so the top of the pants is covered by the jacket. Hems MUST NOT drag on the ground. Use the suspenders to pull the pants up, if needed, to keep hems off the ground. Tell a uniform mom IMMEDIATELY if your hem needs adjustment.
7. Plain black crew socks are required for all performances. "Shortie" socks are not acceptable—nor are socks with any other color than black or socks that fall down to show skin. Socks are not supplied by the uniform committee. Bring your own. All band members must wear Drill Master marching shoes.
8. Students (except percussion) wear black and white gloves which are ordered during uniform fitting. Additional pairs may be purchased from the Uniform Committee during the season. Clarinets may cut the finger tips out of their gloves. No other holes are permitted.
9. It is the student's responsibility to properly hang the uniform on the racks after performances following the direction of the uniform committee. It is also their responsibility to dry out the shako (hat), parka, and gloves after performances if needed. Failure to do so could result in Uniform Detention or paying to replace damaged uniform parts.

In the Stands

The band is a vital part of school spirit at football games. Watch the game and your directors because things happen quickly. Be prepared to play "Fight On" after each touchdown.

Rules while in the stands:

- Play your instrument only when the entire band plays.
- The bandstand is for band members only. Do not invite your friends to sit with you in the stand or enter the end zone area at any time.
- Refreshment break comes in the third quarter. Be good hosts to the guest band – allow them to get refreshments first.
- At the end of third quarter, you should be in your seat ready to play. If one person is late, the whole band sits the next game.
- Take care of your instrument to prevent damage.
- Make a good impression. Remember, you are wearing the Lakota West uniform, which stands for your school and community.
- You must have ALL of your music in your own personal flip folder with you at each game. Detentions will be given if you do not have a flip folder.

Bus Trips

At the beginning of the season you will sign a bus list. This will be your traveling assignment for the year. While on the bus the chaperone is in direct charge. You must observe all rules in order to assure a safe trip. These rules include:

- Keep the bus clean; pick up and properly dispose of all trash.
- Maintain silence at railroad crossings
- Use moderation in talking and singing.
- Hands and arms must remain inside the bus at all times.
- Thank and listen to your bus drivers and chaperones.
- Stay seated while the bus is moving.
- Do not board or load equipment on the bus until asked to do so.
- Stay on the bus until asked to unload.
- Leave windows up when leaving away football games unless told otherwise.
- You must travel on the bus to all engagements.
- You may go home with your parents provided your parent/guardian has given written permission to one of the directors and your bus chaperone. Parents must pick you up at your bus after the event and sign you out. You must make arrangements for another student to take your uniform back on the bus and hang it up appropriately.
- Band members must not play instruments near unloading area.

Private Lessons

When it comes to playing your instrument to the best of your ability, there is no substitute for study with a competent teacher. The directors will be able to supply you with a list of qualified teachers. It is a proven fact that students studying privately achieve a higher degree of proficiency on their instruments. Individuals benefit personally from private lessons and their increased proficiency makes a positive contribution to the entire music program. Visit www.lakotawestbands.org/contacts/private-lessons/ for a list of private lesson instructors.

Facilities

The band room is your second home. Treat it accordingly. Keep it neat and in order at all times. Do your share to pick up paper, reeds, and other misplaced articles, returning them to their proper place. Have enough pride in the Lakota West Bands to assist with the overall maintenance of the band facilities.

Your school supplies should be kept in a locker and not on the shelves in the band room. Do not walk on the carpet with muddy shoes. NO food or drink is permitted in the band room at any time. The music stands should not be folded down in desk fashion to write. Pay attention to all space the band uses and keep it clean and in good order.

Upbeat Club

The Upbeat Club is the parent support group for the bands. We could not survive without their support. The various committee members and officers spend countless hours working to insure the band's success. Never take them for granted and thank them often for their assistance.

We encourage band and guard parents to get active in the Upbeat Club and attend our monthly meetings (the third Tuesday of each month at 7:30 p.m. in the band room). There are so many different talents needed in this organization, and so many ways – large and small – that you can contribute. Don't be shy! Come and observe a couple of times, and before you know it, you'll be full-fledged member of the family.

Parents can volunteer for activities by completing the online volunteer interest form at <http://lakotawestbands.org/upbeat-club/volunteer-interest-form/> or by contacting one of the officers or committee chairpersons. Contact information for the Lakota West Upbeat Club is included on our web site at www.lakotawestbands.org.

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Works Like a Charm!

The logo for the Charms Music Office Assistant system, featuring the word "CHARMS" in a blue, hand-drawn font on a grey rectangular background.

The Charms Music Office Assistant is an online system used to manage all student and financial information for the Lakota West band program. To log in, click the Charms logo on the left side of our website's home page at <http://lakotawestbands.org/>.

Your School code is 'lakotawestbands' Your default password is your student ID

Forgotten passwords will be reset to the default. If you need a password reset, send an email to finance@lakotawestbands.org, president@lakotawestbands.org or bandcamp@lakotawestbands.org with student and parent names.

Charms offers several valuable features for students and their parents:

- **Finances** View your uniform payments for items such as gloves, Drillmaster shoes, summer uniforms and concert uniforms pieces. If you choose, you can pay for these items using your credit card or PayPal account through Charms. Otherwise these items should be paid for by check made out to "Lakota West Upbeat Club".
- **Handouts** View, print and listen to Marching Band music and drills, Marching Band Directory, Handbooks, Charms User Manuals, and other important information.
- **Student Info** Review and update your student and parent contact information and T-shirt size (be sure to enter your birthday!). Charms lets us have a single database of student information used in all aspects of our program (director communications, uniform assignment, Upbeat Notes mailings, etc.) So, please make sure we have your correct information!

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Lakota West Bands

Be sure to check our website often for the latest band news and information.

- Check the front page for critical updates and special announcements for parents.
- Read the director announcements for your band(s).
- Subscribe to Lakota West Band News via RSS Feed, email or Twitter to receive weekly director announcements and other critical updates during the summer and marching band season. Subscribe online at <http://lakotawestbands.org/>. Beneath 'Latest Photos' in the right margin select your subscription preference.
- For detailed information about an event, go to the calendar page and click on the event name. This is where you will find a description of the event, special instructions, time, location, web site links, and maps/directions.
- Enjoy our latest photos. Especially during band camp and marching season, new photos are posted regularly. If you'd like to share your own band and guard photos, check the "Photos" for instructions.
- Manage uniform purchases in the "Finances" area. You can pay online by credit card through our secure PayPal account.
- Visit "The Upbeat Shoppe" to find spirit wear, fundraising items, Kroger Reward Cards, and band DVD's.
- If you are ever in doubt about an event (is it cancelled? has the time changed?) check this site. The latest information will always be posted here first.
- *Note: Student Marching Band fees and Trip fees are paid directly to the school through EZpay or by check to Lakota West High School at the LWHS bursar's office. Marching Band fees and trip fees are NOT paid to the Lakota West Upbeat Club.*

If you experience an issue with the web site or if you know of an event that should be posted, please send an email to web@lakotawestbands.org.

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Uniforms

Some parts of the Marching Band Uniform are owned by the school (e.g., jacket, pants, shako and shako box, plume, gauntlets and parka); some parts must be purchased through the Upbeat Uniform Committee by each student (e.g., Drill Master marching shoes, black and white gloves, berets for sousaphone players and Color Guard uniforms) and some parts must be supplied by each student (e.g., black socks, shorts and black t-shirt). Our school uniforms are very expensive; you must give them the very best care at all times.

Shoes will be sized during fitting days, but will only be ordered and delivered after payment has been received. Prices: shoes (\$34), gloves (\$5/pair), berets (\$26). You may pay via PayPal on our website <http://lakotawestbands.org/> or by mailing a check made out to "Lakota West Upbeat Club" to Lakota West Upbeat Club, P.O. Box 1637, West Chester, OH 45071. There will also be someone accepting checks on fitting days.

The parka and shako will be sent home with the student and are the student's responsibility until they are turned in at the end of the season. Students need to bring their parkas and their shakos to every event. The uniforms do not go home with the student, but are kept in the band room. Your uniform must be hung properly each night. Each uniform has a number, and each student is responsible for remembering their uniform number. You must sign the Uniform Contract provided at the end of this Handbook. Your uniform is your responsibility!!

The instrumentalists' uniforms will be cleaned by the Uniform Committee whenever needed; if a uniform requires extra cleaning or repair, the student will be charged. Color Guard's uniform cleaning is the responsibility of the Color Guard members.

The Uniform Committee (uniform moms) work hard to make sure the Lakota West Marching Firebirds look their best at all performances, and we expect the students to do their best to take care of their uniforms and make sure they have everything they need when they arrive at a band event. We are also here to help the students. If you have a problem with your uniform, or have any questions, please contact Keri Rampton or Andrea Scherer at uniforms@lakotawestbands.com or just ask any of the uniform moms – we will be happy to help you.

The band will have an official summer uniform, black shorts (\$13) and red polo shirt (\$12). The cost of the summer uniform is not included in the marching band fee, and will be the property of the band student for future seasons. These will be fit on fitting days. Color guard wears black shorts with the summer uniform, available through guard.

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Marching Band Uniform Days **Lakota West Band Room, July 21-24**

Uniforms will be issued on Tuesday July 21, Wednesday July 22, and Thursday July 23, **in the evenings** of pre-camp according to the schedule below. Students will receive their uniform, parka and shako. They will also be measured for shoes and gloves. Summer uniforms will also be fitted.

It is important to issue the uniforms on these days because pictures will be taken early in the season, and all marchers must have a uniform assigned by that time. You are required to pay for shoes, summer uniform and gloves on or before your fitting day.

Tuesday, July 21	6:00 pm - Percussion 7:00 pm - Trombones 7:45 pm - Flutes
Wednesday, July 22	6:00 pm - Alto Sax 7:00 pm - Tenor Sax 7:30 pm - Sousaphones 8:30 pm - Trumpets
Thursday, July 23	6:00 pm - Baritones 6:15 pm - Clarinets 7:45 pm - Mellophones Color Guard
Friday, July 24	noon-2:00pm Catch-up day for those who were not able to make it during their section's time.

Parents – Your child must appear on his/her scheduled day! We also need help setting up the evening of July 20 and working the fitting stations in the evenings of July 20-July 23. We are looking for many volunteers (no experience necessary!) and you may sign up on SignUpGenius ! Just cut and paste:

<http://www.signupgenius.com/go/10c0c4ca4a82aa20-uniform1>

Students – More than 60 uniforms each day. You will need to arrive on time move through as quickly possible. You will be trying on your uniform, shako and parka, as well as trying on and ordering summer uniform, shoes and gloves (bring payment!). **Please wear shorts that will fit under your band pants. There are no dressing rooms!** You will be changing in the band room with everyone else, just as you will during the marching band season.

Leadership Team – Please arrive 15 minutes before your section's appointed time and be prepared to stay with your section to help them with their uniforms. If you are unable to fulfill this duty, designate someone to do it in your place.

When you leave, you will take your assigned parka and hat, but the uniforms will remain in the band room. Rookies will be given a Red Bag and will have their purchased summer uniform. Shoes will be delivered at a later date.

Please note: Student should bring two 2-liter bottles of pop (NO RED POP/clear or lemonade preferred) to the school with them on fitting day. This pop will be used for third-quarter refreshments during the football season.

If you cannot come on your assigned day, or if you have any questions, please contact
Andrea Scherer at ascherer@fuse.net

Pre-Camp
Lakota West Freshman School
July 20th – 24th

Important: Students are not to leave band camp during scheduled rehearsal for any reason

Pre-Camp 2015 - Rehearsal & Uniform Fitting Schedule

	Monday 7/20	Tuesday 7/21	Wednesday 7/22	Thursday 7/23	Friday 7/24
7:00	Morning Session	Morning Session	Morning Session	Morning Session	Morning Session
7:30	Only	LW Freshman Campus	LW Freshman Campus	LW Freshman Campus	Only
8:00	Lakota West				Lakota West
8:30	Freshman School				Freshman School
9:00					
9:30	7:00 - 12:00				7:00 - 12:00
10:00					
10:30					
11:00					
11:30		Lunch	Lunch	Lunch	
12:00		*Bring Your Own*	*Bring Your Own*	*Bring Your Own*	Uniform Fitting
12:15					Make-up
12:30		Indoor	Indoor	Indoor	Only
1:00		Afternoon Session	Afternoon Session	Afternoon Session	
1:30					
2:00		12:15 - 4:00	12:15 - 4:00	12:15 - 4:00	
2:30					
3:00					
3:30					
4:00					
4:30					
5:00					
5:30		**Uniform Fitting Days - Main Campus**			
6:00		Percussion	Alto Sax	Baritones	
6:15				Clainets	
6:30					
7:00		Trombones	Tenor Sax		
7:30		Field Commanders	Susaphones		
7:45		Flutes		Mellos & Guard	
8:30			Trumpets		
9:00	* Wear <u>athletic shorts</u> & <u>Short Sleeve T-shirt</u> to your fitting. You will be trying on uniforms over you clothes.				

* Friday - only musicians who are unable to make their section's fitting.
 Advance Notice required. Contact: uniforms@lakotawestbands.org

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Band Camp

Lakota West Freshman School

July 26th – 31st

Important: Students are not to leave band camp during scheduled rehearsal for any reason

Band Camp 2015 - Rehearsal & Activity Schedule

	Sunday 7/26	Monday 7/27	Tuesday 7/28	Wednesday 7/29	Thursday 7/30	Friday 7/31	
7:00		Morning Session	Morning Session	Morning Session	Morning Session	Morning Session	
7:30		LW Freshman Campus	LW Freshman Campus	LW Freshman Campus	LW Freshman Campus	LW Freshman Campus	
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30		Lunch (45 min)	Lunch (45 min)	Lunch (45 min)	Lunch (45 min)	Lunch (45 min)	
12:00							
12:15							
12:30		Sectionals	Sectionals	Sectionals	Sectionals	Sectionals	
1:00							
1:30		Afternoon Session	Afternoon Session	Afternoon Session	Afternoon Session	Afternoon Session	
2:00				**Movie**			
2:30				(2:00 - 4:30ish)			
3:00				AMC Theater			
3:30		Free Time *On-Campus*	Free Time OFF-CAMPUS	Bus Transportation	Free Time OFF-CAMPUS	Free Time OFF-CAMPUS	
4:00							Provided both ways
4:30							Free Time *On-Campus*
5:00							Dinner Provided by Chick-fil-A
5:30		Dinner Provided by Skyline					
6:00						Family Tailgate	
6:30		Evening Session	Evening Session	Evening Session	Evening Session	begins at 6:00 and	
7:00	**Bowling**	LW Freshman Campus	LW Freshman Campus	LW Freshman Campus	LW Freshman Campus	Closing Ceremonies	
7:30	at 'Game of Fairfield'					at 7:00 pm	
8:00	(Formerly Fairfield Lanes)					LW Freshman Campus	
8:30	5181 Dixie Highway, Fairfield						
9:00					**Pool Party**		
9:30					(9:00 - 11:00)		
10:00					Beckett Ridge		
10:30					Aquatics & Tennis		
11:00							

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Post-Camp
Lakota West Freshman School
August 3rd – 7th

Important: Students are not to leave band camp during scheduled rehearsal for any reason

Post-Camp 2015 - Rehearsal

	Monday 8/3	Tuesday 8/4	Wednesday 8/5	Thursday 8/6	Friday 8/7
7:00	Morning Session	Morning Session	Morning Session	Morning Session	Morning Session
7:30	Only	LW Freshman Campus	LW Freshman Campus	LW Freshman Campus	Only
8:00	Lakota West				Lakota West
8:30	Freshman School				Freshman School
9:00					
9:30	7:00 - 12:00				7:00 - 12:00
10:00					
10:30					
11:00					
11:30		Lunch	Lunch	Lunch	
12:00		*Bring Your Own*	*Bring Your Own*	*Bring Your Own*	
12:15					
12:30		Indoor	Indoor	Indoor	
1:00		Afternoon Session	Afternoon Session	Afternoon Session	
1:30					
2:00		12:15 - 4:00	12:15 - 4:00	12:15 - 4:00	
2:30					
3:00					
3:30					
4:00					
4:30					
5:00					
5:30					
6:00					
6:30					
7:00					Lock-In
7:30					7:00pm - 1:00am
8:00					
8:30					
9:00					Food & Fun
9:30					Provided
10:00					
10:30					
11:00					
11:30					
12:00					
12:30					
1:00					

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“a band parent’s best resource”

Items to bring to Band Camp

- Clothing:
 - Follow the Lakota Schools dress code. T-shirts with sleeves must be worn; shirt and shorts must meet – no bare skin should be visible on the abdomen. This dress code applies for practices and all evening activities. Students who are dressed inappropriately will be sent home to change.
 - Thick cotton socks: The best blister prevention equipment. A change of socks available each day is very strongly recommended.
 - Sturdy shoes for marching/pivoting
 - Rain gear - Jacket or poncho
 - Hat or visor
- Instrument/music/flip folder & coordinates!!
- Sunscreen!!** & insect repellent
- 64oz. Water bottle** - This large capacity water bottle is available at Meijer, Walmart, Menards and many other retailers. Having 64oz of water on-hand, on the field at all times is critical for proper hydration; especially when the mercury rises.
- Bring these items to Pre & Post camp as well

Band Camp Closing Ceremony Performance

The band will perform their pre-game show and competition show for parents, friends and alumni at 7:00 PM. It is absolutely incredible to witness the progress made over the week! The performance is on the Freshman Field. The closing ceremony performance will be preceded by a family tailgate starting at 6:00. Pizza and drinks are provided by the LW Upbeat Club.

Spirit wear orders and information on volunteer opportunities will be available during the tailgate.

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Marching Firebirds 2015 Season Schedule Rehearsal, Performance & Fundraising

7/16 Leadership Retreat (Leadership Team only)

7/20-7/24 Pre-Camp at Lakota West Freshman School
 Monday & Friday 7:00 am – 12:00
 Tuesday thru Thursday 7:00 am – 4:00 pm ****Bring a pack Lunch****

7/26-7/31 Band Camp at Lakota West Freshman School
 7/26- Sunday: Opening event, Bowling, 7:00 pm – 9:00pm
 Where: 'Game of Fairfield' 5181 Dixie Highway, Fairfield (513-829-8666)
****Signs on the building still read: 'Fairfield Lanes'****

Daily Band Camp Schedule:

Monday 7:00am – 9:00pm
 Afternoon break and dinner (Skyline) will be at the School

Tuesday 7:00am – 3:30
 Afternoon break and dinner with your section away from School*
 6:30pm – 9:00pm Evening Session

Wednesday 7:00am – 9:00pm
 Afternoon break and dinner (Chick-fil-A) will be at the School
 Bus Transportation to and from Movie will be provided

Thursday 7:00 - - 3:30
 Afternoon break and dinner with your section away from School*
 6:30pm – 9:00pm Evening Session
 9:00 – 11:00 Pool Party
 Beckett Ridge Aquatics & Tennis – 5595 Beckett Ridge Blvd

Friday 7:00am – 4:00pm
 Break from 4:00 – 6:00
 6:00 – 7:00 Family Tailgate ****Free Pizza for students & families****
 7:00 Closing Ceremonies Begin

*Arrange transportation during Tue, Thur & Fri afternoon breaks, and to the pool party, with your parents

See Band Camp Schedule for additional detail (pg. 16)

8/03-8/07 Post-Camp at Lakota West Freshman School
 Monday & Friday 7:00 am – 12:00
 Tuesday thru Thursday 7:00 am – 4:00 pm ****Bring a pack Lunch****
 Friday Lock-In 7:00 pm – 1:00 am

8/11	Tues	Rehearse at Main Campus, 1-5:00 pm <u>**Picture at 10:00 am**</u>
8/12	Wed	Rehearse at Main Campus, 1-5:00 pm
8/13	Thurs	Rehearse 7-9 pm, Freshman School (1 st day of school)
8/14	Fri	Rehearse 3-5:30 at Main Campus
8/17	Mon	Rehearse 7-9 pm, Main Campus
8/18	Tues	Sectionals, 3-4:00 Main Campus
8/19	Wed	Rehearse 3-5:30pm, Main Campus
8/20	Thurs	Rehearse 7-9 pm, Freshman School
8/24	Mon	Rehearse 7-9 pm, Main Campus
8/25	Tues	Sectionals, 3-4:00 Main Campus
8/26	Wed	Rehearse 3-5:30pm, Main Campus
8/27	Thurs	Rehearse 7-9 pm, Freshman School
8/31	Mon	Rehearse 7-9 pm, Main Campus
9/1	Tues	Sectionals, 3-4:00 Main Campus
9/2	Wed	Rehearse 3-5:30pm, Main Campus
9/3	Thurs	Rehearse 7-9 pm, Freshman School
9/4	Fri	Home Football vs. Elder - <u>Freshman Night</u>, 6:00pm
9/7	Mon	Labor Day No School
9/8	Tues	Sectionals, 3-4:00 Main Campus
9/9	Wed	Rehearse 3-5:30pm, Main Campus
9/10	Thurs	Rehearse 7-9 pm, Freshman School
9/12	Sat	Tag Day 8:00am Main Campus
9/14	Mon	Rehearse 7-9 pm, Main Campus
9/15	Tues	Sectionals, 3-4:00 Main Campus
9/16	Wed	Rehearse 3-5:30pm, Main Campus
9/17	Thurs	Rehearse 7-9 pm, Lakota West Freshman School
9/18	Fri	Home Football vs. Princeton, 6:00pm
9/19	Sat	Tipp City/Bradley Competition, Time TBA
9/21	Mon	Rehearse 7-9 pm, Main Campus
9/22	Tues	Sectionals, 3-4:00 Main Campus
9/23	Wed	Rehearse 3-5:30pm, Main Campus
9/24	Thurs	Rehearse 7-9 pm, Lakota West Freshman School
9/26	Sat	Mattress Sale, 10:00am; & Hamilton Competition, Time TBA
9/28	Mon	Rehearse 7-9 pm, Main Campus
9/29	Tue	Sectionals, 3-4:00 Main Campus
9/30	Wed	Rehearse 3-5:30pm, Main Campus
10/1	Thurs	Rehearse 7-9 pm, Lakota West Freshman School
10/2	Fri	Home Football vs. Middletown, <u>Senior Night</u>, 6:00pm
10/3	Sat	Buckeye Invitational, The Ohio State University, Time TBA

Check lakotawestbands.org for updates

10/5	Mon	Rehearse 7-9 pm, Main Campus
10/6	Tues	Sectionals, 3-4:00 Main Campus Fall Concert–Red, White, Winds, 7:00pm
10/7	Wed	Rehearse 3-5:30pm, Main Campus
10/8	Thurs	Rehearse 7-9 pm, Lakota West Freshman School
10/12	Mon	No School
10/13	Tues	No School
10/14	Wed	Rehearse 3-5:30pm, Main Campus
10/15	Thurs	Rehearse 7-9 pm, Lakota West Freshman School
10/16	Fri	Perkins Competition/Cedar Point, Time & Details TBA
10/19	Mon	Rehearse 7-9 pm, Main Campus
10/20	Tues	Sectionals, 3-4:00 Main Campus
10/21	Wed	Rehearse 3-5:30pm, Main Campus
10/22	Thurs	Rehearse 7-9 pm, Lakota West Freshman School
10/23	Fri	Home Football vs. Sycamore, Homecoming, 6:00pm
10/26	Mon	Rehearse 7-9 pm, Main Campus
10/27	Tues	Sectionals, 3-4:00 Main Campus
10/28	Wed	Rehearse 3-5:30pm, Main Campus
10/29	Thurs	Rehearse 7-9 pm, Lakota West Freshman School
10/30	Fri	Away Football, East/West Game at East
11/1	Sun	OMEA State Marching Band Finals – Dayton, OH, Time TBA
11/3	Wed	No School
11/5	Thurs	Marching Band Concert, 7:00 pm West Gym

Check lakotawestbands.org for updates

FIRST AID and MEDICATION POLICIES & PROCEDURES

Forms: The following items must be completed and turned in before band camp. **Students with incomplete or missing information or items will be sent home until all information is complete.**

1. **EMERGENCY AUTHORIZATION** (5341F1) **Signed by parent/guardian**
Found at: www.lakotaonline.org – Under 'Quick Links' Click on:
Forms & documents\Clinic\Forms
2. **Health History Form** (5335F1) **Signed by parent/guardian**
Found at: www.lakotaonline.org – Under 'Quick Links' Click on:
Forms & Documents\Clinic\Forms
3. A photocopy (Front and Back) of your insurance card

First Aid Procedure The LWUC utilizes volunteers to provide first aid for minor injuries (e.g., sprains, blisters) during band activities. Should a student experience an injury or illness that requires immediate attention, the student will be transported to an urgent care center or emergency room. Costs of emergency transportation and medical care are the responsibility of the parent/guardian.

Should a student require non-emergency medical attention for injury or illness, the student's parent/guardian will be notified to take the student from the band activity for appropriate attention. If parents are not available, the adult designated on the Medical form will be called to transport student. In order for the student to return to the band activity he/she must be physically able to participate.

Substance Abuse Policy

LAR 6201.2 CONSEQUENCES OF SUBSTANCE ABUSE MARCHING BAND GUIDELINES

First Offense: Possession and/or Use

1. Student will be suspended from all band practices up to five continuous practice days and the next 30% of regularly scheduled performances.
2. If the substance abuse violation occurs during the academic school year, Lakota Board Policy 6201 for Rule 9 will apply.
3. Positions of leadership (i.e. field commanders, sections leaders) are forfeited.
4. If the first offense occurs after the end of the student's marching band season, but prior to awards program, the student will be denied participation in the awards program. The student will receive his/her awards only upon successful completion of the reinstatement process.
5. Financial responsibility of the professional assessment and counseling sessions lies with the parents of the student.
6. To be eligible for reinstatement in the marching band program the following requirements must be met:
 - A. The student must submit to a professional drug/alcohol assessment. Proof of assessment completion must be provided to the building principal or designee. The professional assessment agency must be accredited and acceptable to the school district.
 - B. If the assessment indicates treatment procedures, the student must follow the prescribed program to be eligible for reinstatement.
 - C. For all substance abuse policy violations, the final phase of reinstatement will require a hearing with the student and his/her parent/s before an appeals board. Parent/s must accompany the student.
 - D. It is the student's responsibility to schedule the appeal hearing with the building principal.
 - 1) The appeals board will consist of the building principal or designee (asst. principal), marching band director, a member of guidance department and/or district substance abuse coordinator.
 - 2) Upon hearing the appeal made by the student and his/her parent/s, the appeals board will make a recommendation to the principal as to whether reinstatement to the program is justified.
 - 3) If the student is reinstated, he/she must re-sign the substance abuse pledge form. If reinstatement appeal is refused, the student will be denied participation until the following marching band season.
7. The student's grade may be affected because of missed rehearsals and performances.
8. The student will not participate in "overnight" trips during the current marching band season.

Substance Abuse Policy (cont.)

Second Offense: Possession and/or Use

1. Student is denied participation in Lakota's Marching Band program for one calendar year from the date of the infraction.
2. In order to be reinstated to the Lakota Marching Band program after one year of denied participation, a student must complete all aspects of the reinstatement criteria as outlined in the "first offense" section.
3. It is the student's responsibility to communicate with the building principal or designee all aspects related to the completion of the reinstatement criteria.
4. If the second offense occurs after the end of the marching band season but prior to the awards program, the student will be denied participation in the awards program and will not receive any awards.
5. Financial responsibility for all professional assessment and counseling sessions lies with the parent/s of the student

Disciplinary Procedures and Appeals Process

1. When a student is suspected of using or possessing drugs of abuse, alcoholic beverages or tobacco products, the student will immediately be removed from the activity pending the outcome of a school hearing.
2. The band director shall notify the parent/s and school officials of the alleged violation.
3. The student and parent/s must have the opportunity to appear at a hearing before the principal or designee and the marching band director. The student has the right to challenge the reasons for intended program suspension or otherwise explain his/her actions. The hearing shall be held within 5 working days.

History: Adopted 6/27/2005

Legal References: ORC §§ 3313.20, 3313.534, 3313.66-3313.662, 3321.13
OAC § 3301-35-03

Cross-References: Board Policy 6201
Form 6201l

Substance Abuse – Student Pledge

As a participant in the Lakota Marching Band program, I agree to abide by all rules and guidelines, especially those regarding the use, sale and/or possession of alcohol/drugs/tobacco. Chemical dependency is a progressive but treatable disease characterized by repeated alcohol and/or drug use in spite of recurring problems. Therefore, I accept and pledge to abide by the rules listed in the Student Marching Band Handbook, the Student Code of Conduct as established by the Lakota Board of Education, and all other rules established by the marching band director. To demonstrate my support, I pledge to:

1. Not use or possess any alcoholic beverages, drugs of abuse or tobacco during marching band season.
2. Support my fellow students by setting an example and abstaining from the use/possession of drugs/tobacco/alcohol.
3. Not to enable my fellow students, who use drugs/tobacco/alcohol, I will not cover for them or lie for them if any rules are broken. I will hold other band members accountable for their actions.
4. Seek information and assistance in dealing with my own or other band members' problems.
5. Be honest with my parents about feelings, needs, and problems.
6. Be honest with my band director or other school personnel when the best interests of my fellow students are jeopardized.

I have read and understand the Lakota Local School District and Lakota Marching Band program's substance abuse policy and agree to abide by it.

STUDENT SIGNATURE: _____ Date: _____

I have read and understand the Lakota Local School District and Lakota Marching Band program's substance abuse policy and agree to hold my child responsible to abide by it.

PARENT SIGNATURE: _____ Date: _____

LAKOTA LOCAL SCHOOL DISTRICT FORM 62011
Cross-Reference: Board Policy 6201

Adopted 6/27/2005

Lakota West Marching Firebirds Contract

Having read the contents of the Marching Band Handbook, I hereby agree to all the rules and regulations stated. I will act at all times for the good of the Lakota West Marching Firebirds.

Student Name (print): _____

Student Signature: _____

I have read the Handbook, and I give permission for my student to participate in all Lakota West Marching Band activities and to ride the bus to and from Lakota West High School.

Parent/Guardian Signature: _____

Sign the Student Pledge and Contract. Return prior to start of Band Camp.

Marching Band Uniform Contract Lakota West Band Members

The Marching Band Uniforms will remain in the band room while not in use. It is imperative that each student be responsible for his/her uniform while it is in his/her possession. The uniforms are very expensive to replace. Therefore, any **missing** or **damaged** uniform clothing will be replaced at the cost of the band member. Please complete the information below and return to Andrea Scherer or Keri Rampton on or before July 30.

Last Name _____ **First Name** _____
(Please Print)

Marching Band Uniform Contract

I, _____ (parent) agree to pay the actual cost for any missing uniform clothing that is lost or damaged by my child during the 2015 marching season.

The costs are estimated at:

Jacket	\$250
Pants	\$85
Hat	\$65
Plume	\$30
Hat Box	\$10
Parka	\$65
Gauntlets	\$35

Parent Signature _____

Date: _____

Student Signature _____

Date: _____